

## Study Guide Sample

This is a sample of selected pages from the study guide for this program.

The entire guide will be sent to you upon purchase of the entire program

# HOSTAGES AT HOME

Understanding Domestic Violence

## Study Guide

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## INTRODUCTION

Domestic violence affects everyone--every ethnic and economic group, in every neighborhood, workplace and place of worship across the country.

Each year a growing number of families experience the devastating effects of domestic violence. It is a severe problem of immense proportions.

- ◆ Nearly four million women are battered each year.
- ◆ Domestic Violence is the single biggest cause of injury to women.
- ◆ Domestic Violence is the biggest public health problem of women in our community.

Domestic violence must be talked about. It must be faced and understood or it will continue to affect more families and children for generations to come.

## BEFORE SHOWING THE VIDEO

Preview the videotape, read through the discussion guide before showing the tape to students/clients. Introduce the video by summarizing the main messages of the program.

Research local domestic violence resources in your community. Create a handout with this information on it, or write down the information on the board. Ask everyone to write down the numbers so that no one is forced to write alone, thus singling them out. This will protect each person's privacy.

## AFTER SHOWING THE VIDEO

It is a good idea to leave the lights off for a few moments after the video ends. This will allow people to reflect and collect their thoughts and feelings before joining in the discussion. Be alert and sensitive to anyone who looks upset.

Allow time for a discussion after showing the video. This video will elicit a powerful response from the audience. If anyone does not wish to join in the discussion, respect that right. Do urge everyone, however, to contact the resources you mentioned if they would like more help or information on the subject of violence. Assure them that they are not alone.

## GUIDELINES FOR DISCUSSION

Guide the discussion with questions. Give the audience an opportunity to talk and express their feelings. Ask questions such as "Why?", "Can you explain?", "Can you tell me more?" Remain as neutral as possible. It is important that the men and women in the audience not perceive the facilitator as judgmental. Ask the audience to "think aloud." How did they arrive at their opinions? Pause 10-20 seconds after a question to allow them to think about it. Encourage them to "brainstorm" in groups.