

Study Guide Sample

This is a sample of selected pages from the study guide for this program.

The entire guide will be sent to you upon purchase of the entire program

Date Rape Drugs: What You Need To Know

Study Guide

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INTRODUCTION

Date rape drugs are particularly dangerous because they incapacitate the victims and prevent them from fighting back, from screaming or yelling, from running away, from assessing their options, and from negotiating with the assailant. Victims cannot even remember basic information about what happened, about the perpetrator, or about the location of the crime. As one victim stated, "Rape is never a fair fight, but I didn't even have a chance to defend myself." (National Institute of Justice Journal, April 2000)

BEFORE SHOWING THE VIDEO

Preview the video yourself, read this discussion guide, make copies of the handouts on the drugs, on what to do to reduce risks, on what to do if you have been given an date rape drug and/or been raped and the list of resources. Introduce the video by summarizing the main messages of the program. Note although all the drugs mentioned in the video are date rape drugs there are some differences between that will be explained in the handouts. Also explain that men, as well as women, can be victims of date rape drugs.

Research phone numbers of local sexual assault centers, local hotline numbers, local university and college resources, including campus police. It is a good idea to create a handout with the local phone numbers on it, or to add them to the "Resources" section. You can also write the numbers on a board. Ask everyone to write down the numbers so that no one is forced to write alone, thus singling them out. This protects each person's privacy.

Leave enough time after showing the video for a discussion period to debrief the viewers. A program on date rape may bring up unpleasant feelings and memories, so it is important to allow time for them to talk about it. Offer to talk privately with anyone who does not feel comfortable speaking in a large group. There may be someone who is prompted to seek further help through the resources that you have listed.

AFTER SHOWING THE VIDEO

It is a good idea to leave the lights off for a few moments after the video ends. This will also allow people to reflect and collect their thoughts and feelings before joining in the discussion. Be alert and sensitive to anyone who looks upset or distraught, whether they are male or female. You may be surprised at the impact this video will have on the males and females in the audience. If anyone does not want to join the discussion, respect that right. Do urge everyone, however, to contact the resources you have mentioned if they would like more help or information on the subject, and assure them that they are not alone. Be sure to give the handouts to each student.